



Monthly Updates & Important Information



Annual cleaning will happen the week of August 19. There will be no weekly cleaning this week. **(Berkeley Square)**

Resident Appreciation Events!

Once a year, we love to show our appreciation for all of our residents! In August, we will celebrate our **independent** residents at Hanover Reserve (1905 Millville Oxford Rd, Hamilton, OH 45013) on Wednesday, August 28th from 4:00pm to 7:00pm.

Transportation will be provided beginning at 3:15pm from the main entrance at Berkeley Square and at 3:30pm at the main entrance of Westover. It will continue until the last bus leaving Hanover at 6:30pm. You are welcome to drive on your own, with plenty of parking available. More information in special activities.

In September, we will celebrate all residents at Berkeley Square and Westover in Assisted Living and Healthcare with a fabulous carnival theme event! More information to come.

Berkeley Square

100 Berkeley Dr.
Hamilton, OH 45013
513-856-8600

Westover

855 Stahlheber Rd.
Hamilton, OH 45013
513-844-8004

What's Inside

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RSVP & Questions to: 513-785-4861

All activities are subject to change.

Updates can be viewed on Touchtown, channel 1851.

Special Activities

Community First Senior Olympics: Opening Ceremony

Monday, August 5 at 4:30pm in Manor House Front Entrance Circle

Everyone is invited to attend our opening ceremony! Appetizers will be served beginning at 4:30pm. At 5:00pm we will begin the parade of participants and our torch lighting ceremony.

Olympic Games: Physical

Tuesday, August 6 from 10:00am-4:00pm

Event schedule: Paintball Longshot, Home Run Derby, Axe Throwing, Boat Race and Chair Volleyball. Please see insert for locations and times.

Olympic Games: Brain Games

Wednesday, August 7 from 11:00am-4:00pm in Theobald Hall

Event schedule: Puzzle Relay Race, Crescent Trivia Challenge, and Spelling Bee. Please see insert for individual times.

Olympic Games: Closing Ceremony

Thursday, August 8 at 4:00pm in Theobald Hall

All are invited to attend the closing ceremony and award presentation! Cookies will be served.

Lunch & Learn

Friday, August 9 at 12:00pm in Theobald Hall

✉ **RSVP by 8/7 • Cost: \$10**

The History of Bourbon, presented by the Cincinnati Historical Society. Through this rather whimsical presentation about "The American Spirit," we will hear the history of bourbon, learn how and when it got its name, and why most bourbon is manufactured in Kentucky. We will visit several distilleries on the Kentucky Bourbon Trail and see, using pictures and short videos, the five manufacturing steps that are the source of bourbon's distinctive flavor. Lunch of chicken and egg salad on croissant.

Monthly Buffet

Monday, August 13 at 5:00pm in Theobald Hall

✉ **RSVP by 8/9 • Cost: \$15**

Enjoy a spectacular dinner from our culinary team. Pork loin with peach chutney, Mediterranean seasoned grilled cod, baby carrots with honey glaze, rice pilaf, garden salad and summer berry cobbler.

Butler County Historical Society

Wednesday, August 14 at 2:00pm in Phillips

Learn the history of Butler County postcards; dating from the late 1800's to 1960's. See many local views.

Lane Library Tech Session

Friday, August 16 at 11:00am in Theobald Hall

Learn about the popular platforms and how to use them.

Souper Wednesday

Wednesday, August 21 at 12:00pm in Theobald Hall

✉ **RSVP by 8/20 • Cost: \$5**

Enjoy your favorite soups! Tuscan chicken noodle, vegetable chili, and broccoli cheddar. Soup of the month will be mock turtle soup.

Ice Cream Social

Thursday, August 22 at 2:00pm in Theobald Hall

Cool off in August with our ice cream social! Enjoy vanilla, chocolate, and strawberry with your favorite toppings of chocolate, caramel sauce, whipped cream, and nuts.

Social Mixer with Wheelright & Harmony

Friday, August 23 at 12:00pm in Theobald Hall

✉ **RSVP by 8/22 • Cost: \$8**

It's a chance to meet some new neighbors and get to know each other better! Pizza, chicken and drinks provided.

Happy Hour

Tuesday, August 27 at 5:00pm in Theobald Hall

✉ **RSVP by 8/23 • Cost: \$8**

It's a nacho bar! Start with shredded chicken or beef, shredded cheese, tomatoes, green onions, black olives, lettuce, and jalapenos. Cheese sauce, queso and guacamole will top it off!

Resident Appreciation Dinner

Wednesday, August 28 from 4:00pm-7:00pm at Hanover Reserve

✉ **RSVP by 8/23 • Our Treat!**

Hanover Reserve is the location for this year's Resident Appreciation event! Enjoy Nathan's salad, beef tenderloin with demi glace, chicken wellington, roasted garlic mashed potatoes, and green beans. Dessert will be bananas fosters cheesecake and chocolate fudge cake.

Art & Craft Bazaar

Friday, September 27 from 10:00am-4:00pm in Theobald Hall

Enjoy the many talents of our residents! We encourage all Berkeley Square and Westover residents to showcase your art and craft of choice; painting, quilting, woodworking, photography and many more! You may display as well as sell your items. Please register with Rica for a table at 513-785-2020.

Assisted Living & Healthcare Activities

- **BINGO**
Every Tuesday & Thursday at 3:00pm in Butterfield
- **Exercise**
Every Wednesday at 10:00am in McClellan
- **BINGO**
Every Wednesday at 10:30am in McClellan
- **Manicures**
Every Friday at 10:30am in Activity Area
- **Family Movie Time**
Every Friday at 3:15pm in Activity Area
- **Exercise**
Friday, 8/2, 8/16 & 8/23 at 10:00am in McClellan
- **BINGO**
Friday, 8/2, 8/16 & 8/23 at 10:30am in McClellan
- **Exercise**
Monday, 8/5 & 8/26 at 10:00am in McClellan
- **BINGO**
Monday, 8/5 & 8/26 at 10:30am in McClellan
- **Ice Cream Social & Daily Chronicle**
Monday, 8/5 at 1:30pm in Activity Area
- **Chair Exercise**
Monday, 8/12 & 8/26 at 10:30am in Activity Area
- **Arm Chair Travel to Sahara Dessert**
Monday, 8/12 at 1:00pm in Theobald
- **Chair Volleyball**
Wednesday, 8/14 at 2:00pm in Activity Area
- **Video Concert: Kenny Rogers**
Wednesday, 8/14 at 2:00pm in Theobald
- **Resident Council Meeting**
Friday, 8/16 at 3:30pm in Butterfield Dining Room
- **Ice Cream Treats**
Monday, 8/19 at 1:30pm in Activity Area
- **Movie & Popcorn**
Tuesday, 8/27 at 10:00am in McClellan
- **Card Making with Diana**
Tuesday, 8/27 at 1:00pm in Activity Area

Spiritual Activities

- **Bible Study with Chuck**
Every Monday at 3:30pm in Butterfield
- **Daily Devotions**
Every Tuesday & Wednesday at 9:00am in Activity Area
- **Bible Study with Pastor Finrock**
Every Wednesday at 10:30am in Phillips
- **Chapel Service**
Every Wednesday at 3:00pm in Chapel
- **Catholic Communion**
Every Thursday at 11:15am in Chapel
- **Southland Baptist Church**
Sunday, 8/4 at 2:00pm in Activity Area
- **Prayer Chain Meeting**
Monday, 8/5 & 8/12 at 1:00pm in Library

Recurring Activities

- **Shuffleboard**
Every Tuesday (except 8/6) at 9:30am in Shuffleboard Court
- **Hand Fitness for Life**
Every Wednesday at 11:00am in Young
- **Chair Volleyball**
Every Thursday at 11:00am in Theobald
- **Medication Therapy Management**
✉ **By Appointment: Please Call 513-645-5447**
Every Thursday from 12:00-4:00pm in Cards & Cues
- **Dementia Caregiver Support Group**
Thursday, 8/8 at 1:00pm in Haith
- **Dominoes**
Saturday, 8/10 at 1:00pm in Haith
- **Monday Morning Mocha**
Monday, 8/12 at 9:00am in Haith
- **Photography Club**
Monday, 8/12 at 1:00pm in Phillips
- **Veteran's Meeting**
Tuesday, 8/13 at 1:00pm in Phillips
- **Coffee with Rica**
Wednesday, 8/14 at 10:00am in Haith
- **Trivial Pursuit**
Saturday, 8/17 at 1:00pm in Haith
- **Koffee Klatch**
Monday, 8/19 at 9:30am in Theobald
- **Bunco**
Monday, 8/19 at 2:00pm in Haith
- **Ladies Night Out**
Monday, 8/19 at 6:00pm in Theobald
- **Men's Night Out**
Monday, 8/19 at 6:00pm in Cards & Cues
- **Book Club**
Tuesday, 8/20 at 3:00pm in Library
- **Community Health Screening**
Wednesday, 8/21 at 10:00am in Cards & Cues
- **Bingo**
Wednesday, 8/21 at 6:00pm in Theobald
- **Men's Breakfast**
Thursday, 8/22 at 9:00am in Haith
- **Monday Morning Mocha**
Monday, 8/26 at 9:00am in Haith
- **Shanghai Rum**
Monday, 8/26 at 1:00pm in Haith
- **Resident Meeting**
Thursday, 8/29 at 1:30pm in Theobald
- **Lane Library**
Thursday, 8/29 at 2:00pm in Lobby

Music

- **John Simpson:** Friday, 8/2 at 2:00pm in Theobald
- **Birthday Celebration with Melford T:** Friday, 8/9 at 2:00pm in Theobald
- **The Merri Moores:** Thursday, 8/15 at 1:30pm in Activity Area
- **Richard Scott:** Friday, 8/16 at 2:00pm in Theobald
- **John Simpson:** Wednesday, 8/21 at 1:30pm in Theobald
- **Wood & Wires:** Friday, 8/23 at 2:00pm in Theobald
- **Coke Otto:** Monday, 8/26 at 2:00pm in Theobald
- **John Weller:** Wednesday, 8/28 at 1:30pm
- **Robin & Jan:** Friday, 8/30 at 2:00pm in Activity Area



RSVP & Questions to Pat Moeggenberg
513-867-4034 or PMoeggenberg@Community-First.org

*All activities are subject to change.
Updates can be viewed on Touchtown, channel 4.*

Special Activities

Trivia with Diane

Saturday, August 3 at 1:00pm in Activity Center
Test your knowledge and socialize

Resident Olympics: Opening Ceremony

Monday, August 5 at 4:00pm at Berkley

Resident Olympics: Physical Games

Tuesday, August 6 at 10:00am at Berkley

Resident Olympics: Mental Games

Wednesday, August 7 at 11:00am at Berkley

Resident Olympics: Closing Ceremony and Award Presentation

Thursday, August 8 at 4:00pm at Berkley

Soup & Salad Day

Tuesday, August 13 at 11:15am in Activity Center
Chicken Orzo Soup, Ham & Potato, Leek Soup,
Cucumber Onion Salad, Kale Salad

Games with Diane

Tuesday, August 13 at 2:00pm in Activity Center
Fun and socialization

Lunch & Learn: Scam Protection for Older Adults

Tuesday, August 20 at 11:30am in Activity Center

RSVP by 8/8

Guest: Michael Gmoser
Lunch: Tuna or Chicken Salad Sandwich, Chips, Cookie

Ice Cream Social

Friday, August 23 at 1:00pm in Activity Center
Assorted ice creams

Games with Diane

Monday, August 26 at 1:00pm in Activity Center
Fun and socialization

Resident Appreciation Dinner

Wednesday, August 28 at 4:00pm at Hanover Reserve

RSVP by 8/21

Hanover Reserve, See Pat to RSVP. Enjoy Nathans's salad, beef tenderloin with demi glace, chicken wellington, roasted garlic mashed potatoes, and green beans. Dessert will be bananas fosters cheesecake and chocolate fudge cake.

Resident Memorial Service

Friday, August 30 at 4:00pm in Activity Center, Courtyard

Pastor Lisa will be speaking as we remember our friends we've lost over the past year. There will be a butterfly releasing ceremony. Light refreshments will follow.

Trivia with Diane

Saturday, August 31 at 1:00pm in Activity Center
Test your knowledge and socialize

Spiritual Activities

- **Catholic Communion**
Every Wednesday at 10:30am in Activity Center
- **Church with Pastor Finrock**
Thursday, 8/1 at 2:00pm in Activity Center
- **Church with Pastor Pattie**
Thursday, 8/8 at 2:00pm in Activity Center
- **Church**
Sunday, 8/11 & 8/25 at 2:00pm in Activity Center
- **Church with Pastor Lisa**
Thursday, 8/15 at 2:00pm in Activity Center
- **Worship with Kim Werk**
Thursday, 8/29 at 2:00pm in Activity Center

Healthcare Activities

- **Exercise**
Every Mon, Wed, Fri at 11:00am in Fitton
- **Movie Day & Pastries**
Wednesday, 8/7 at 9:30am in Healthcare
- **Coffee in the Courtyard**
Tuesday, 8/13 at 2:00pm in Fitton
- **Hangman**
Friday, 8/16 at 3:15pm in Healthcare
- **Trivia**
Tuesday, 8/20 at 3:15pm in Fitton
- **Resident Council**
Wednesday, 8/21 at 2:00pm in Library
- **Watercolor**
Monday, 8/26 at 2:00pm in Fitton
- **Hawaiian Lei Craft**
Thursday, 8/29 at 2:30pm in Fitton
- **Hawaiian Luau Ice Cream Social**
Friday, 8/30 at 2:00pm in Fitton

Music

- **Redina Smith:** Thursday, August 1 at 3:00pm in Activity Center
- **Jan & Robin:** Friday, August 2 at 2:00pm in Activity Center
- **Dave Sams:** Monday, August 5 at 2:00pm in Activity Center
- **Lanny White:** Tuesday, August 6 at 2:00pm in Activity Center
- **Coke Otto:** Wednesday, August 7 at 2:00pm in Activity Center
- **Don Himburg:** Thursday, August 8 at 2:00pm in Activity Center
- **Luke:** Friday, August 9 at 1:00pm in Activity Center
- **Happy Hour Duo:** Monday, August 12 at 2:00pm in Activity Center
- **Ricky Nye:** Wednesday, August 14 at 2:00pm in Activity Center
- **Marcum Family:** Thursday, August 15 at 3:00pm in Activity Center
- **Ukeladies:** Friday, August 16 at 2:00pm in Activity Center
- **Mike Pendell:** Saturday, August 17 at 1:00pm in Activity Center
- **DeBray:** Monday, August 19 at 2:00pm in Activity Center
- **Jim Brown:** Tuesday, August 20 at 2:00pm in Activity Center
- **Gospel Travelers:** Thursday, August 22 at 3:00pm in Activity Center
- **Margie Vogelsang:** Friday, August 23 at 2:00pm in Activity Center
- **Pete Papania:** Tuesday, August 27 at 2:00pm in Activity Center

Independent and Assisted Living

- **Exercise Class**
Every Mon, Wed, Fri at 11:00am in Activity Center
- **Bingo**
Every Mon, Wed, Fri at 3:15pm in Jamestown Room
- **Balance Class**
Every Tuesday & Thursday at 11:00am in Activity Center
- **Volleyball**
Every Tuesday & Thursday at 1:00pm in Atrium
- **Hand Therapy**
Every Wednesday at 1:00pm in Nature Room
- **Bingo**
Every Saturday at 2:15pm in Jamestown Room
- **Shuffleboard**
Every Sunday in Cullen Hall
- **Wine & Cheese**
Sunday, 8/4 & 8/18 at 3:00pm in Jamestown Room
- **Resident Meeting**
Wednesday, 8/21 at 2:00pm in Activity Center





Questions: Nancy Fetters

513-867-4018 or nfeters@community-first.org

RSVP Online: <https://bit.ly/TripsTravel>

Trips & Travel Walking Guide



Easy



Medium



Hard



Matthew 25 Volunteering

Thursday, August 8  RSVP by 8/5

Pick Up: BSQ 8:30am

Come and volunteer for 2 hours and then enjoy lunch.



Tour of 17 Neighborhoods in Hamilton

Monday, August 12  RSVP by 8/5

Pick Up: WRC 1:00pm • BSQ 1:15pm

Cost: \$13

Take a tour on our bus of Hamilton's 17 unique neighborhoods. Brandon Saurber (director of neighborhoods) will be our host. We will end the tour with ice cream at Flubs!



Mystery Local Lunch

Friday, August 14  RSVP by 8/7

Pick Up: WRC 11:00am • BSQ 11:15am

Cost: \$8

Hop on the bus and enjoy lunch at a local mystery location!



Happy Hour on Road to Shooters Sports Grill

Wednesday, August 21  RSVP by 8/14

Pick Up: WRC 3:30pm • BSQ 3:45pm

Cost: \$8

Another new fantastic restaurant in Hamilton! Owned and operated by a family member of a Berkeley Square resident!



Tour of Rumpke Landfill

Thursday, September 12  RSVP by 9/5

Pick Up: WRC 8:30am • BSQ 8:45am

Cost: \$12

We will take a tour by bus of Rumpke Landfill and early lunch at Snow's!



Lunch Out at Ainsley's Café

Wednesday, September 18  RSVP by 9/11

Pick Up: WRC 10:00am • BSQ 10:15am

Cost: \$15

Enjoy lunch at Ainsley's Café overlooking Brookville Lake!



Dinner Out at Paesano's Pasta House in Oxford

Wednesday, September 25  RSVP by 9/17

Pick Up: WRC 4:15pm • BSQ 4:30pm

Cost: \$8

Paesano's features favorite Italian dishes as well as some creative delights! Dinner on your own. Limited seating!



Cincinnati Street Car Tour

Wednesday, October 2  RSVP by 9/2

Pick Up: BSQ 9:45am

Cost: \$100

Step on the Connector to learn about the city and sample great tastes along the way at five different restaurants.



Saturday Night Fever! at La Comedia

Thursday, October 24  RSVP by 9/24

Pick Up: WRC 9:30am • BSQ 9:45am

Cost: \$71

Saturday Night Fever is based on the 1977 film starring John Travolta that became a cultural phenomenon and cemented the Bee Gees as disco-e.

Fund Highlight: Berkeley Square Property Enhancement Fund

As many of you know, some years ago some very generous residents started the Berkeley Square Property Enhancement Fund. Years later, we continue to use those funds to enhance landscaping, build The Landing, and maintain other amenities at Berkeley Square. As you consider charitable gifts or ways to remember friends, keep this fund in mind. Working together to maintain this beautiful campus is a special way to see philanthropy at work!

Thank you to the many loyal supporters who have enriched the lives of others with their generous gifts!

Meals on Wheels

Rachel Barrett Knight
Alice Catron
Alma King
Kenneth Purdy
Catherine Bidleman

Westover Unrestricted Fund

Carol J. Couto – *In Memory of Carolyn Purvis,
Anna Renfro, Heather Miller & Melvin Waterson*

Berkeley Square Restricted Fund (Healthcare)

Dr. William Creech

Berkeley Square Property Enhancement Fund

Sean Leary

Employee Assistance Fund

Charles Ramage – *In Honor of Mike Wyant*



COACH HOUSE

We look forward to serving you
soon at The Coach House!

August Chef's Table

Wednesday, Aug 21 | 5:00pm | Price: \$26

Menu: Asian Beef & Broccoli, tender pieces of beef sirloin and fresh broccoli florets simmered in a soy-ginger-bourbon glaze served atop steamed rice and with fresh salad drizzled with ginger dressing. Dessert- Chinese sugar-coated donuts with a chocolate drizzle.

Stay up to date on the latest at
CoachHouseTavern.com or follow us on Facebook

August Weekly Dinner Features

Crab Stuffed Tilapia

Dates available: August 2-3

Stuffed Pork Primavera

Dates available: August 9-10

Blackened Chicken & Mushroom Alfredo

Dates available: August 16-17

Barbecued Bone-in Center Cut Pork Chop

Dates available: August 23-24

Duet Beef Brochettes

Dates available: August 30-31

BERKELEY SQUARE



COMMUNITY FIRST SOLUTIONS

DiscoverBerkeleySquare.org

Resident Services: 513-856-8600

Julie Hartshorn, Receptionist
JHartshorn@Community-First.org

*After Hours, leave a message.
Will respond within 24 hours.*

- **Miranda Sitchanoff, Berkeley Square Administrator**
513-785-2000 or MSitchanoff@Community-First.org
- **Rica Heflin, Director of Resident Services**
513-785-2020 or RHeflin@Community-First.org
- **Wendy Brown, Director of Nursing**
513-785-2016 or WBrown@Community-First.org
- **Lifestyle Coordinator/Independent Living**
513-785-4861
- **Sandy Ratliff, Lifestyle Coordinator/Assisted & Healthcare**
513-785-2014 or SRatliff@Community-First.org
- **Redina Smith, Lifestyle Coordinator/Assisted & Healthcare**
513-785-2014 or RSmith@Community-First.org
- **Misty Chesnut, Housekeeping Manager**
513-867-3385 or MChesnut@Community-First.org
- **Nancy Fetters, Trips & Travel**
513-867-4018 or NFetters@Community-First.org

Elements at the Square • 513-896-8087

Open: 6:30am–5:00pm, Monday–Friday

Class Schedule: Community-First.org/Wellness-Recreation



Maintenance Requests

Submit work order through UpKeep. Accessible in Touchtown Mobile App or at DiscoverBerkeleySquare.org/Campus-Life

Welcome New Residents!

Jeff & Mary Leibforth

Berkeley Square
18 Serenity Drive

Mary Carol Sheard

Berkeley Square
432 Butterfield

John & Johnita Wallace

Berkeley Square
207 McClellan

Kathy Pollicita

Berkeley Square
8 Wheelright Crescent

Daily Activities & Important Information on Touchtown

Tune in on your TV

Berkeley Residents
Channel 1851

Westover Residents
Channel 1851

Touchtown Mobile App for Berkeley Square Campus

Called “Community Apps” in the App Store on your smartphone.



WESTOVER



COMMUNITY FIRST SOLUTIONS

DiscoverWestover.org

Resident Services: 513-844-8004

Judy Guidugli, Receptionist
JGuidugli@Community-First.org

*After Hours, leave a message.
Will respond within 24 hours.*

- **Pat Moeggenberg, Lifestyle Coordinator**
513-867-4034 or PMoeggenberg@Community-First.org
- **Jade Coffey, Lifestyle Coordinator/Healthcare**
513-867-4034 or JCoffey@community-first.org
- **Jen Chitwood, Director of Nursing Westover**
513-867-4002 or JChitwood@Community-First.org
- **Jetta Baker, Housekeeping Manager**
513-335-9680 or JBaker@Community-First.org
- **Nancy Fetters, Trips & Travel**
513-867-8014 or NFetters@Community-First.org

Elements at the Bever • 513-820-5047

Open: 6:30am–5:00pm, Monday–Friday

Class Schedule: Community-First.org/Wellness-Recreation



Maintenance Requests

Submit work order through UpKeep. Accessible at DiscoverWestover.org/Campus-Life