



## Monthly Updates & Important Information



**Daylight Savings time begins on Sunday, March 9. Remember to spring ahead an hour!**

Annual Clean week at Berkeley Square will be the week of March 17. **(Berkeley Square)**

Dinner Dining Cards for Berkeley Square Independent residents are on sale at resident services. \$60 for 5 dinners. Please see resident services for more information. **(Berkeley Square)**

### Berkeley Square

100 Berkeley Dr.  
Hamilton, OH 45013  
513-856-8600

### Westover

855 Stahlheber Rd.  
Hamilton, OH 45013  
513-844-8004

## What's Inside

- 2-3 .. Berkeley Square Activities
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- 7 .... Coach House Updates
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**RSVP & Questions**

513-785-4861

*All activities are subject to change.*

*Updates can be viewed on Touchtown, channel 1851.*

## Special Activities

### Mardi Gras

**Monday, March 3 at 5:00pm in Theobald**

✉ **RSVP by 2/27 • Cost: \$15**

Celebrate Mardi Gras with style! Feel free to dress for the event and enjoy the musical entertainment of Matt Tolentino. Our traditional Mardi Gras dinner will be Chicken & Sausage Gumbo, Shrimp Etouffee, Creole Cornbread, Okra & Tomato, and King Cupcakes.

### CPR Class

**Monday, March 10 at 9:30am in Theobald**

✉ **RSVP by 3/10**

Become more knowledgeable about AED equipment and CPR techniques. Our own Myndi Mintenbaugh will educate and answer questions regarding possible emergency situations. This is not certified class.

### Monthly Buffet

**Tuesday, March 11 at 5:00pm in Theobald**

✉ **RSVP by 3/6 • Cost: \$15**

Enjoy a night out from cooking! Baked Tilapia with pineapple salsa, Santa Fe Chicken, Spanish Rice, Refried Beans, and Tres Leches Cheesecake for dessert.

### Lent: The Final Days

**Wednesdays, March 12, 19, 26 & April 2, 9, 16 at 5:00pm in Theobald**

The Presbyterian Church will present a six week Bible study. Please join us, all are welcome.

### Lunch & Learn: Grand Old Theaters of Cincinnati

**Friday, March 14 at 12:00pm in Theobald**

✉ **RSVP by 3/11 • Cost: \$10**

Do you remember the Grand, Lyric, Keith, Capitol, Cox, Times and Royal theaters? How about the magnificent Albee, Shubert and Palace theaters? And did you ever visit the Gayety Burlesque House? We will look back at these fabulous grand old theaters including the buildings and the shows that played there — vaudeville, burlesque, musicals, comedy, stage plays and movies. We will focus on their history from the time they opened until they played their final show with the wrecking ball. Lunch will be deli sandwiches, chips, pickles and cookies.

### Koffee Klatch

**Monday, March 17 at 9:30am in Theobald**

✉ **RSVP by 3/13 • Cost: \$4**

Enjoy your favorite breakfast items: pancakes, eggs, bacon fresh fruit; Orange juice and coffee.

### St. Patrick's Day Lunch

**Monday March 17 at 12:00pm in Theobald**

✉ **RSVP by 3/13 • Cost: \$8**

Everyone is Irish on St. Patrick's Day! Enjoy a traditional Irish Stew with Soda Bread and Grasshopper Pudding!

### Express Yourself

**Tuesday, March 18 at 2:00pm in Theobald**

We welcome Larry vonTrotha to present his "Life on a nuclear submarine". Larry served aboard Polaris missile subs from 1969 to 1971. Please join us for this fascinating presentation.

### Souper Wednesday

**Wednesday, March 19 at 12:00pm in Theobald**

✉ **RSVP by 3/17 • Cost: \$8**

Our favorite luncheon day! Enjoy our regular soups of Broccoli Cheese, Chicken Noodle, and Vegetarian Vegetable. Our soup of the month is Chicken Lentil. Salad Bar and Berkeley Bread complete your lunch!

### Social Mixer

**Friday, March 21 at 12:00pm in Theobald**

✉ **RSVP by 3/19 • Cost: \$8**

Wheelright Crescent and Patriot Crescent will meet up for a wonderful pizza and salad lunch! Meet new neighbors and enjoy the conversation!

### Happy Hour

**Tuesday, March 25 at 5:00pm in Theobald**

✉ **RSVP by 3/20 • Cost: \$10**

Our Happy Hour menu is a Mac n Cheese bar! Try the regular, steakhouse or buffalo chicken Mac n Cheese with a delicious cucumber and tomato salad! Enjoy the entertainment!

### Reds Opening Day

**Thursday, March 27 at 4:00pm in Theobald**

✉ **RSVP by 3/25**

Let's cheer on our favorite Baseball Team!! Opening Day is a holiday in Cincinnati and the surrounding areas! We'll have traditional baseball fare of hotdogs, soft pretzels, and nachos and cheese!

### Butler County Historical Society

**Friday, March 28 at 11:00am in Phillips**

Butler County Ghost Towns part two, Western Butler County

## Assisted Living & Healthcare Activities

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- **Exercise**  
Every Mon, Wed, Fri (except 3/24) at 10:15am in McClellan
- **Monday Movie**  
Every Monday (except 3/3) at 1:30pm in Phillips
- **Bingo**  
Every Tues & Thurs (except 3/13 & 3/25) at 10:15am in McClellan
- **Bingo**  
Every Tues & Thurs (except 3/13) at 3:00pm in Butterfield
- **Hand Spa**  
Every Friday at 12:45pm in Activity Area
- **Word Fun**  
Monday, 3/3 at 2:00pm in Activity Area
- **Mardi Gras Social**  
Tuesday, 3/4 at 2:00pm in Activity Area
- **Music & Motion**  
Wednesday, 3/5 & 3/19 at 2:00pm in Activity Area
- **Now or Then Game**  
Thursday, 3/6 at 2:00pm in Activity Area
- **Cheese Puff Social**  
Monday, 3/10 at 2:00pm in Activity Area
- **Word Fun**  
Tuesday, 3/11 at 2:00pm in Activity Area
- **Kroger**  
Thursday, 3/13 at 9:30am in McClellan
- **St Patrick's Day Party**  
Monday, 3/17 at 2:00pm in Theobald
- **Price is Right Game**  
Thursday, 3/20 at 1:30pm in Activity Area
- **Resident Meeting**  
Thursday, 3/20 at 3:00pm in Butterfield
- **Chip & Dip Social**  
Monday, 3/24 at 2:00pm in Activity Area
- **Card Making Class**  
Tuesday, 3/25 at 1:00pm in Activity Area
- **Now or Then Game**  
Wednesday, 3/26 at 2:00pm in Activity Area
- **Bowling**  
Thursday, 3/27 at 2:00pm in Activity Area
- **Juke Box Social**  
Monday, 3/31 at 2:00pm in Activity Area

## Spiritual Activities

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- **Bible Study with Chuck**  
Every Monday at 3:30pm in Butterfield
- **Bible Study with Pastor Finrock**  
Every Wednesday at 10:30am in Phillips
- **Catholic Communion**  
Every Thursday at 11:15am in the Chapel
- **Generation to Generation**  
Wednesday, 3/5 at 3:00pm in the Chapel
- **Chapel Service**  
Wednesday, 3/12 & 3/19 at 3:00pm in the Chapel

## Music

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- **John Simpson:** Friday, 3/7 at 2:00pm in Theobald
- **Mike Willis:** Wednesday, 3/12 at 2:00pm in Theobald
- **Mel Edwards:** Friday, 3/14 at 2:00pm in Theobald
- **Richard Scott:** Monday, 3/17 at 2:00pm in Theobald
- **John Simpson:** Tuesday, 3/18 at 2:00pm in Theobald
- **Lanny White:** Friday, 3/21 at 2:00pm in Theobald
- **Dick Watson:** Monday, 3/24 at 10:00am in Theobald
- **Don Stegmiller:** Tuesday, 3/25 at 10:30am in Activity Area
- **Randy:** Friday, 3/28 at 2:00pm in Activity Area

## Recurring Activities

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- **Shuffleboard**  
Every Tuesday at 9:30am (League) or 11:30am (Open Play) in the Lounge
- **Hand Fitness for Life**  
Every Wednesday at 11:00am in Young
- **Chair Volleyball**  
Every Thursday at 11:00am in Theobald
- **Medication Therapy Management provided by Community First** ✉ **By Appointment: 513-645-5447**  
Every Thursday from 12:00-4:00pm in Cards & Cues
- **Berkeley Walking Club**  
Every Sunday at 3:00pm in Manor House Rotunda
- **Sunday Night Game Night**  
Every Sunday at 6:00pm in Lounge
- **Wheel of Fortune**  
Saturday, 3/1 at 1:30pm in Theobald
- **Photography Club**  
Monday, 3/3 at 1:00pm in Phillips
- **Prayer Chain Meeting**  
Monday, 3/3 at 1:00pm in Library
- **Paint with Marion**  
Tuesday, 3/4 at 1:00pm in Haith
- **Dominoes**  
Saturday, 3/8 at 1:00pm in Haith
- **Monday Morning Mocha**  
Monday, 3/10 at 9:00am in Haith
- **Veterans Meeting**  
Tuesday, 3/11 at 1:00pm in Phillips
- **Coffee with Rica**  
Wednesday, 3/12 at 10:00am in Haith
- **Dementia Caregiver Support Group**  
Thursday, 3/13 at 1:00pm in Haith
- **Trivial Pursuit**  
Saturday, 3/15 at 1:00pm in Haith
- **Koffee Klatch**  
Monday, 3/17 at 9:30am in Theobald
- **Bunco**  
Monday, 3/17 at 2:00pm in Haith
- **Ladies & Men's Night Out**  
Monday, 3/17 at 6:00pm in Theobald (Ladies) or Cards & Cues (Men's)
- **Health Screening**  
Wednesday, 3/19 at 10:00am in Card & Cues
- **Resident Meeting**  
Thursday, 3/20 at 1:30pm in Theobald
- **Monday Morning Mocha**  
Monday, 3/24 at 9:00am in Haith
- **Shanghai Rum**  
Monday, 3/24 at 1:00pm in Haith
- **Book Club**  
Tuesday, 3/25 at 3:00pm in Libray
- **Bingo**  
Wednesday, 3/26 at 6:00pm in Theobald
- **Men's Breakfast**  
Thursday, 3/27 at 9:00am in Haith



**RSVP & Questions to Pat Moeggenberg**  
513-867-4034 or [PMoeggenberg@Community-First.org](mailto:PMoeggenberg@Community-First.org)

*All activities are subject to change.  
Updates can be viewed on Touchtown, channel 4.*

## Special Activities

### Trivia with Diane

**Saturday, March 1 at 1:00pm in Activity Center**  
Fun and social

### Mardi Gras Soup Day

**Tuesday, March 4 at 11:30am in Activity Center**  
Louisiana Sea Food Boil, Broccoli Cheddar Soup, French Bread, Beignets, and King Cake.

### Game Day with Diane

**Saturday, March 8 at 1:00pm in Activity Center**  
Fun and social

### Coffee Chat

**Tuesday, March 11 at 10:00am in Jamestown Room**  
Coffee, juice, and pastries

### Movie (TBA)

**Tuesday, March 11 at 2:00pm in Activity Center**

### Lunch & Learn

**Thursday, March 13 at 11:30am in Activity Center**  
Justin and Ashley on exercise and healthy snacks

### Trivia with Diane

**Saturday, March 15 at 1:00pm in Activity Center**  
Fun and test your knowledge

### Chair Travel

**Monday, March 17 at 1:30pm in Activity Center**  
Explore Ireland and enjoy Guinness Beer, Cheese Dip with Irish Soda Bread and Irish Shortbread Cookies.

### Resident Meeting

**Tuesday, March 18 at 2:00pm in Activity Center**  
Keep up with what is going on

### Second Chance Wildlife

**Wednesday, March 26 at 1:30pm in Activity Center**  
Learn about nature

### Monthly Buffet

**Thursday, March 20 at 4:30pm in Cullen Hall**  
Spring Dinner, Fried Chicken, Potato Salad, Deviled Eggs, Berry Salad, Strawberry Shortcake Trifle.

### Social Gathering

**Monday, March 31 at 1:30pm in Activity Center**

## Spiritual Activities

- **Catholic Communion**  
Every Wednesday at 10:30am in Activity Center
- **Church with Pastor Finrock**  
Thursday, 3/6 at 2:00pm in Activity Center
- **Church**  
Sunday, 3/9 & 3/23 at 2:00pm in Activity Center
- **Church with Pastor Pattie**  
Thursday, 3/13 at 2:00pm in Activity Center
- **Church with Pastor Lisa**  
Thursday, 3/20 at 2:00pm in Activity Center
- **Church with Pastor Gidget**  
Thursday, 3/27 at 2:00pm in Activity Center
- **Catholic Confession followed by Easter Mass**  
Monday, 3/31 at 9:30am (confession),  
10:30am (mass) in Activity Center



## Healthcare Activities

- **Happy Headlines**  
Every Tuesday & Thursday at 10:45am in Healthcare
- **Scrabble**  
Every Tuesday at 5:30pm in Card Room
- **Word Play**  
Thursday, 3/6 at 3:00pm in Activity Center
- **Coffee and Cookies**  
Tuesday, 3/11 at 2:00pm in Fitton
- **Shamrock Door Hanger Craft**  
Wednesday, 3/12 at 2:30pm in Fitton
- **Card Class**  
Thursday, 3/13 at 3:15pm in Activity Center
- **Manicures**  
Friday, 3/14 at 3:15pm in Fitton
- **St. Patricks Day Game**  
Monday, 3/17 at 3:00pm in Activity Center
- **Resident Council**  
Tuesday, 3/18 at 3:00pm in Library
- **Hangman**  
Tuesday, 3/25 at 3:15pm in Activity Center
- **Spin Art**  
Monday, 3/31 at 2:00pm in Fitton



## Independent and Assisted Living

- **Exercise Class**  
Every Day at 11:00am in Activity Center
- **Bingo**  
Every Mon, Wed, Fri at 3:15pm in Jamestown Room
- **Volleyball**  
Every Tuesday & Thursday at 1:00pm in the Atrium
- **Hand Therapy**  
Every Wednesday at 1:00pm in Nature Room
- **Bingo**  
Every Saturday at 2:15pm in Jamestown Room
- **Shuffleboard**  
Every Sunday in Cullen Hall
- **Wine, Soda & Cheese**  
Sunday, 3/2 & 3/16 at 3:00pm in Jamestown Room
- **Scrabble**  
Tuesday, 3/11 & 3/25 at 5:30pm in Card Room
- **Resident Meeting**  
Tuesday, 3/18 at 2:00pm in Activity Center

## Music

- **Lou James:** Monday, 3/3 at 2:00pm in Activity Center
- **Lanny White:** Tuesday, 3/4 at 2:00pm in Activity Center
- **Coke Otto:** Wednesday, 3/5 at 2:00pm in Activity Center
- **Wood & Wire :** Friday, 3/7 at 2:00pm in Activity Center
- **John Simpson:** Monday, 3/10 at 2:00pm in Activity Center
- **Cody:** Wednesday, 3/12 at 2:00pm in Activity Center
- **Ricky Nye:** Friday, 3/14 at 2:00pm in Activity Center
- **Richard Scott:** Wednesday, 3/19 at 2:00pm in Activity Center
- **Marcum Family:** Thursday, 3/20 at 3:00pm in Activity Center
- **Melford T:** Friday, 3/21 at 2:00pm in Activity Center
- **Happy Hour Duo:** Monday, 3/24 at 2:00pm in Activity Center
- **Don Stegmiller:** Tuesday, 3/25 at 2:00pm in Activity Center
- **Gospel Travelers:** Thursday, 3/27 at 3:00pm in Activity Center
- **Dick Watson:** Friday, 3/28 at 2:00pm in Activity Center
- **James Brown:** Saturday, 3/29 at 1:00pm in Activity Center
- **Gerhard Albinus:** Sunday, 3/30 at 1:30pm in Activity Center



Questions: Nancy Fetters

513-867-4018 or [nfeters@community-first.org](mailto:nfeters@community-first.org)

RSVP Online: <https://bit.ly/TripsTravel>

## Trips & Travel Walking Guide



Easy



Medium



Hard

### Ice Cream & Chocolate at Aglamesis

Monday, March 3  RSVP by 2/28

Pick Up: WRC 1:30pm • BSQ 1:45pm

Cost: \$8

Ice cream and candy made the sincere way since 1908. Come out and treat yourself to deliciousness!

### Mystery Local Lunch

Friday, March 7  RSVP by 3/3

Pick Up: WRC 10:45am • BSQ 11:00am

Cost: \$8

Hop on the bus to a mystery local lunch location.

### Volunteer at Matthew 25 in Blue Ash

Thursday, March 13  RSVP by 3/10

Pick Up: BSQ 8:30am

Come and volunteer for 2 hours at this amazing organization and then enjoy lunch with your friends.

### Happy Hour on the Road to Immortal Vibes

Thursday, March 20  RSVP by 3/14

Pick Up: WRC 3:45pm • BSQ 4:00pm

Cost: \$20

Welcome to Immortal Vibes!! Here you will find guitars, phenomenal cocktails & unique espresso beverages. Dinner provided by Thyme Savor. Cost includes bus/meal. Drinks on your own.

### Cincinnati Pops: American Originals Harlem Renaissance

Sunday, March 23  RSVP by 2/24

Pick Up: BSQ 12:30pm

Cost: \$80

From Billie Holiday and Josephine Baker to Langston Hughes and Duke Ellington, the Harlem Renaissance was a period of black cultural expression in the US that greatly influenced the sound of jazz and blues as we know it today!

### Tour Rumpke Recycling in St. Bernard

Wednesday, March 26  Wait List

Pick Up: BSQ 12:00pm

Cost: \$13

This is a 60 minute walking tour of the facility. Guests will learn about technology used at the state of the art facilities and see recyclables sorted and separated. Tour also includes and explanation of acceptable and unacceptable. We will stop for lunch on the way home.

### Mystery Local Lunch

Friday, March 7  RSVP by 3/3

Pick Up: WRC 10:45am • BSQ 11:00am

Cost: \$8

Hop on the bus to a mystery local lunch location.

### Upscale Dining to The Aperture

Wednesday, April 23  RSVP by 4/14

Pick Up: BSQ 3:45pm

Cost: \$200

Enjoy an evening out on an executive charter to The Aperture, named one of the best restaurants in USA. Mediterranean food is the impetus here, but the menu isn't limited to that region. Japanese and French techniques make appearances. Cost includes five course meal gratuity, tax, and charter.

### Champion's Club at Great American Ball Park

Wednesday, June 4  RSVP by 5/5

Pick Up: BSQ 10:30am

Cost: \$135

Champion's Club: Access to the private Champions Club where you can relax in a comfortable, climate-controlled environment, complete with big screen TVs and a wide selection of food items featuring Montgomery Inn, LaRosa's pizza, international foods, carving station, pastas and traditional ball park fare. Cost includes charter bus and Champions Club!

## Donor Highlight

In 2008, Kathy Reece and her father, Walter, made Berkeley Square home. They together enjoyed the lifestyle and the peace of mind that our communities offer. In 2021 Kathy's sister, Barb, followed suit by moving to Berkeley Square making the sisters neighbors.

Kathy has enjoyed the friendships, the social activities, and the trips and travel opportunities over the years. Recently, Kathy was inspired to make an impact in a meaningful way. After learning about our focus to transform memory care to an interactive, stimulating environment, Kathy gave a generous gift to purchase the Lucynt Table for Berkeley Square.

The Lucynt Table provides a scientifically proven fun, stimulating, and socially interactive gaming experience for older adults living with dementia. Games are designed by dementia experts to increase physical activity, social interaction, and cognitive reasoning. Music therapy with a stereo sound to calm and engage is built in to that table; it is equipped with internet and streaming capability.

Kathy's gift will make a difference to our most vulnerable residents. Thank you, Kathy, for your generosity.



# COACH HOUSE

Stay up to date on the latest at [CoachHouseTavern.com](http://CoachHouseTavern.com) or follow us on Facebook and Instagram

### Chef's Table

**Wednesday, March 19 | 5:00pm | \$26**

Beef Stroganoff served over Amish Egg Noodles.  
Dessert: Angel Food Strawberry Shortcake. Call to book by Friday, March 14.

### NEW! Soups by the Quart

**All Month Long | 11:00am - 4:00pm | \$15/Quart**

Take home a quart of chef's homemade soup to enjoy at home. Call ahead to pick up chilled or hot and ready. Large order requests must be made 24 hours in advance.

### NEW! Burger Wednesday Special

**Wednesdays, All Day Long | \$15 Burgers | \$5 Drinks**

1/2lb rotating burger special each Wednesday. Check Facebook or Instagram for the special burger each Wednesday morning. Specialty cocktails and mocktails available.

### Weekend Dinner Features, Lent Friendly

Mar. 7-8	Mar. 14-15	Mar. 21-22	Mar. 28-29
Whole Maine Lobster	Sesame-Crusted Ahi Tuna	Cioppino Fish Stew	Pan Fried Sea Bass

**Friday Fish n' Chips available every Friday for lunch and dinner all Lent long!**

# BERKELEY SQUARE



COMMUNITY FIRST SOLUTIONS

DiscoverBerkeleySquare.org

**Resident Services: 513-856-8600**

Julie Hartshorn, Receptionist  
JHartshorn@Community-First.org

*After Hours, leave a message.  
Will respond within 24 hours.*

- **Miranda Sitchanoff, Berkeley Square Administrator**  
513-785-2000 or MSitchanoff@Community-First.org
- **Rica Heflin, Director of Resident Services**  
513-785-2020 or RHeflin@Community-First.org
- **Wendy Brown, Director of Nursing**  
513-785-2016 or WBrown@Community-First.org
- **GG Gedelian, Lifestyle Coordinator/Assisted & Healthcare**  
513-785-2014 or GGedelian@Community-First.org
- **Misty Chesnut, Housekeeping Manager**  
513-687-3385 or MChesnut@Community-First.org
- **Nancy Feters, Trips & Travel**  
513-867-4018 or NFeters@Community-First.org

**Elements at the Square • 513-896-8087**

**Open:** 6:30am–5:00pm, Monday–Friday

**Class Schedule:** Community-First.org/Wellness-Recreation

- **Ashley Crossley, Sr. Director of Lifestyle:** 513-258-3483 or ACrossley@Community-First.org



## Maintenance Requests

Submit work order through UpKeep. Accessible in Touchtown Mobile App or at [DiscoverBerkeleySquare.org/Campus-Life](http://DiscoverBerkeleySquare.org/Campus-Life)

# WESTOVER



COMMUNITY FIRST SOLUTIONS

DiscoverWestover.org

**Resident Services: 513-844-8004**

Judy Guidugli, Receptionist  
JGuidugli@Community-First.org

*After Hours, leave a message.  
Will respond within 24 hours.*

- **Pat Moeggenberg, Lifestyle Coordinator**  
513-867-4034 or PMoeggenberg@Community-First.org
- **Jade Coffey, Lifestyle Assistant**  
513-867-4023 or KCoffey@Community-First.org
- **Jen Chitwood, Director of Nursing Westover**  
513-867-4004 or JChitwood@Community-First.org
- **Jetta Baker, Housekeeping Manager**  
513-335-9680 or JBaker@Community-First.org
- **Nancy Feters, Trips & Travel**  
513-867-4018 or NFeters@Community-First.org

**Elements at the Bever • 513-820-5047**

**Open:** 6:30am–5:00pm, Monday–Friday

**Class Schedule:** Community-First.org/Wellness-Recreation

- **Ashley Crossley, Sr. Director of Lifestyle:** 513-258-3483 or ACrossley@Community-First.org



## Maintenance Requests

Submit work order through UpKeep. Accessible at [DiscoverWestover.org/Campus-Life](http://DiscoverWestover.org/Campus-Life)

# Welcome New Residents!

**Carole Laycock**  
Berkeley Square  
28 Historic Crescent

**Kathy Chester**  
Berkeley Square  
100 Capitol Crescent  
#114

## Daily Activities & Important Information on Touchtown

**Tune in on your TV**  
**Berkeley Residents**  
Channel 1851

**Westover Residents**  
Channel 1851

**Touchtown Mobile App for Berkeley Square Campus**

Called “Community Apps” in the App Store on your smartphone.

