



Monthly Updates & Important Information

Annual cleaning for Berkeley Square will be the week of April 20. **(Berkeley Square)**

We wanted to inform you that the recycling pickup day for certain streets will be changing in order to increase the efficiency of our recycling dumpsters and the Rumpke pickup times. Effective April 6th, please see the updated recycling schedule below:

Wednesday Morning Pickup at 10am.

Patriot, Historic, Landmark, Wheelright, Capitol

Friday Morning Pickup at 10am.

Independence, Heritage, Harmony, Centennial, Serenity

Please make sure all recycling is placed out on the morning of your scheduled day to ensure timely pickup. We appreciate your understanding as we make this adjustment. If you have any questions, please feel free to reach out. **(Berkeley Square)**

Colonial School Walkathon on April 22 and 23.

Classes will walk through Westover, inside and hopefully outside (weather permitting). We will encourage the residents to cheer on the walkers! We may have certain sections of the route designated for skipping, walking backward, walking like a penguin, etc. and may also have stations for extra activities like jumping jacks, possibly dancing by the jukebox, etc.

(Westover)

Berkeley Square

100 Berkeley Dr.
Hamilton, OH 45013
513-856-8600

Westover

855 Stahlheber Rd.
Hamilton, OH 45013
513-844-8004



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Special Activities



RSVP & Questions to Rica Heflin

513-785-2020 or RHeflin@Community-First.org

All activities are subject to change.

Updates can be viewed on LifeLoop, channel 2493.

Pickleball Lessons!

Every Tuesday & Thursday at 11:00am in the Pickleball Court at the Landing

It's time to start outdoor pickleball at the Landing! We will offer lessons twice a week through the month of April. Please call Rica to schedule at 513-785-2020.

Indoor Shuffleboard

Every Tuesday through April 21 at 2:30pm in Elements Studio

All Are welcome

Social Mixer with Heritage, Capitol Crescent apartments, and Serenity

Friday, April 3 at 12:00pm in Theobald

✉ RSVP by 4/1 • Cost: \$10

Enjoy pizza and salad while mingling with neighbors for a Friday afternoon lunch!

Lifeloop Questions & Answers

Tuesday, April 7 from 11:00am to 12:00pm in Haith

Need help with adding lifeloop to your life? This is the time to begin or ask any questions about the capabilities of Lifeloop. If you can't make this time, call Rica and set up a personal time for any help at 513-785-2020.

Independent Resident Lifestyle Meeting

Wednesday, April 8 at 1:00pm in Haith

We are constantly striving to make our community the best it can be! And we can do that by continuing to offer new ideas and fun things to do! We'll have a great conversation of the many aspects of our lifestyle and ways that we can add to that. This will include social, physical, educational, spiritual, and more creative ideas. All are welcome!!

Bill's Coffee Chat

Friday, April 10 at 10:00am in Haith

Enjoy coffee and doughnuts with Bill Niehaus.

Game Night at the Landing

Friday, April 10 from 6:00pm to 9:00pm in The Landing

Game night means warm summer nights! Join your friends and neighbors for court games outside and board games inside. Come to play, come to watch or just come to sit and visit. Bring a dessert or snack to share or just bring \$5. Drinks are on us!

Monthly Buffet

Tuesday, April 14 at 5:00pm in Theobald

✉ RSVP by 4/9 • Cost: \$15

Take a night off from cooking! Our monthly buffet will include Tuscan chicken, pasta prima vera, roasted new potatoes, asparagus, and breadsticks. Dessert will be strawberry shortcake.

Souper Wednesday

Wednesday, April 15 at 12:00pm in Theobald

✉ RSVP by 4/13 • Cost: \$8

Try four different soups: Broccoli Cheddar, chicken noodle, tomato basil, and white chicken chili. Salad bar and bread included.

Cheese Tasting

Thursday, April 16 at 4:00pm in Theobald

✉ RSVP by 4/13 • Cost: \$10

Enjoy a fabulous array of cheese, meat, olives and bread. We will have 10 different cheeses to taste!

Lunch & Learn

Friday, April 17 at 12:00pm in Theobald

✉ RSVP by 4/13 • Cost: \$10

Cincinnati First Founders: You may recognize the names of these city leaders on city streets, but who are they? This program focuses on many of the founding fathers — Burnet, Lytle, Baum, Longworth, Drake, Kilgore and Woodward — and their efforts to make Cincinnati a livable city. Chicken salad and tuna salad sandwiches with chips and cookies.

Koffee Klatch

Monday, April 20 at 9:30am in Theobald

✉ RSVP by 4/16 • Cost: \$4

A great way to start your day! Enjoy scrambled eggs, bacon, pancakes and sausage.

Lunch with a Local

Wednesday, April 22 at 12:00pm in Theobald

✉ RSVP by 4/20 • Cost: \$10

Meet Sara of Sara's House on High Street. Sara will talk about "Living in the Pursuit of Joy." Our lunch will be spring berry salad, turkey and brie croissants, and brownies.

Men's Breakfast

Thursday, April 23 at 9:00am in Haith

✉ RSVP by 4/21

A wonderful monthly tradition! Enjoy scrambled eggs, bacon, pancakes and fresh fruit.

Mindful Living Workshop

Thursday, April 23 at 2:35pm in Theobald

Please note the time change of 2:35. Breaking the Barriers of Savoring.

Butler County Historical Society

Friday, April 24 at 11:00am in Phillips

The evolution of the roadways in Butler County: from trails & turnpikes to the TID.

Happy Hour

Tuesday, April 28 at 5:00pm in Theobald

✉ RSVP by 4/23

Our Happy Hour buffet will include sweet and sour meatballs, pretzels with beer cheese, buffalo chicken dip with chips and carrots and celery sticks.

Derby Hat Making Day

Thursday, April 30 at 1:00pm in Haith

Be creative with your derby hat! Bring a hat to decorate for the derby; you can bring your own decorations, but many will be supplied.

Derby Day

Saturday, May 2 at 6:00pm in The Lounge

A May Tradition! The Kentucky Derby! Watch history in the making with the 152nd running of the Kentucky Derby! Post time: 6:57.

Assisted Living & Healthcare Activities

- **Daily Scoop**
Every Day at 12:00pm in McClellen
- **Morning Bingo**
Every Tues, Thurs, Fri at 10:30am in McCullen
- **Crafting Circle**
Every Tuesday at 1:30pm in Lifestyle Room
- **Afternoon Bingo**
Every Tues & Thurs at 3:00pm in Butterfield
- **Card Games**
Every Wednesday at 11:00am in Butterfield/McClellen
- **Card Making Class**
Thursday, 4/9 at 1:30pm in Lifestyle Room
- **Flower Arrangement Class**
Thursday, 4/9 at 2:00pm in Lifestyle Room
- **Weekend Bingo**
Saturday, 4/11 & 4/25 at 2:00pm in Butterfield

Music

- **Piano Music By Larry:** Every Tues & Thurs at 4:30pm in Manor House
- **John Simpson:** Fri, 4/3 at 2:00pm in Theobald Hall
- **Dick Watson:** Mon, 4/6 at 10:30am in Activity Area
- **Mike Willis:** Wed, 4/8 at 2:00pm in Activity Area
- **Birthday Party with Lanny White:** Fri, 4/10 at 2:00pm in Theobald Hall
- **Randy Brewer:** Wed, 4/15 at 2:00pm in Activity Area
- **Wood & Wire:** Fri, 4/17 at 2:00pm in Theobald Hall

Movies

- **Cirque du Soleil:** Wed, 4/1 & 4/22 at 3:00pm in McClellen
- **Lilies of the Field:** Fri, 4/3 at 3:15pm in Phillips
- **Risen:** Mon, 4/6 at 1:00pm in Phillips
- **National Velvet with Elizabeth Taylor:** Fri, 4/10 at 3:15pm in Phillips
- **Solo Mio:** Mon, 4/13 at 1:00pm in Phillips
- **Something's Got to Give:** Fri, 4/17 at 3:15pm in Phillips
- **Tina:** Mon, 4/20 at 1:00pm in Phillips
- **Saving Mr. Banks:** Fri, 4/24 at 3:15pm in Phillips

Spiritual Activities

- **Bible Study with Chuck**
Every Monday at 3:30pm in Butterfield
- **Bible Study with Pastor Finrock**
Every Wednesday at 10:30am in Phillips
- **Non-denominational Church Service**
Every Wednesday at 3:00pm in Chapel
- **Catholic Communion Service**
Every Thursday at 11:15am in Chapel
- **The Chosen**
Every Thursday (except 4/23) at 3:00pm in Phillips
- **Generation To Generation Worship**
Thursday, 4/2 & 4/16 at 1:00pm in Activity Area
Sunday, 4/12 & 4/26 at 10:30am in Activity Area
- **Southland Baptist**
Sunday, 4/5 at 2:00pm in Activity Area

Recurring Activities

- **Berkeley Walking Club**
Every Sunday at 3:00pm in Manor House Rotunda
- **Sunday Night Game Night**
Every Sunday at 6:00pm in the Lounge
- **Monday Meet Up**
Every Monday at 4:00pm in the Lounge
- **Hand Fitness for Life**
Every Wednesday at 11:00am in Haith
- **Chair Volleyball**
Every Thursday at 11:00am in Theobald
- **Medication Therapy Management provided by Community First** ✉ **By Appointment Only:**
513-645-5447
Every Thursday from 12:00pm to 4:00pm in Cards & Cues
- **Photography Club**
Monday, 4/6 at 1:00pm in Phillips
- **Prayer Chain Meeting**
Monday, 4/6 at 1:00pm in Library
- **Drawing Class**
Tuesday, 4/7 & 4/21 at 1:00pm in Haith
- **Dementia Caregiver Support Group**
Thursday, 4/9 at 1:00pm in Haith
- **Grief Support Group**
Friday, 4/10 at 1:00pm in Haith
- **Dominoes**
Saturday, 4/11 at 1:00pm in Haith
- **Monday Morning Mocha**
Monday, 4/13 & 4/27 at 9:00am in Haith
- **The Studio / Painting**
Tuesday, 4/14 & 4/28 at 1:00pm in Lounge
- **Veterans Meeting**
Tuesday, 4/14 at 1:00pm in Phillips
- **Health Screenings**
Wednesday, 4/15 at 10:30am in Cards & Cues
- **Trivial Pursuit**
Saturday, 4/18 at 1:00pm in Haith
- **Bunco**
Monday, 4/20 at 2:00pm in Haith
- **Ladies' & Men's Night Out**
Monday, 4/20 at 6:00pm in Theobald & Cards & Cues
- **Resident Meeting**
Thursday, 4/23 at 1:30pm in Theobald
- **Shanghai Rum**
Monday, 4/27 at 1:00pm in Haith
- **Book Club: Where the Rivers Merge by Mary Alice Monroe**
Tuesday, 4/28 at 3:00pm in Library



RSVP & Questions to Pat Moeggenberg
513-867-4034 or PMoeggenberg@Community-First.org

*All activities are subject to change.
Updates can be viewed on LifeLoop, channel 2493.*

Special Activities

Art 4 All

Every Thursday at 2:00pm in Art Studio

Coffee Chat

Thursday, April 2 at 10:00am in Jamestown Room
Good food and conversation.

Chair Travel

Friday, April 3 at 1:00pm in Activity Center
Explore Vatican City

Easter Get Together

Friday, April 3 at 2:00pm in Activity Center
Snacks and socialization.

Trivia with Daine

Monday, April 6 at 1:30pm in Activity Center
Fun and social.

Soup Day

Tuesday, April 7 at 11:30am in Activity Center
Vegetable beef, minestrone, lemon chicken orzo, crackers, and cookies.

Card Making with Diana

Thursday, April 9 at 1:00pm in Activity Center
Fun and social.

Resident Meeting

Wednesday, April 15 at 2:00pm in Activity Center
Stay current with events and happenings.

Book Club

Friday, April 17 at 12:45pm

Movie Day

Friday, April 17 at 1:00pm in Activity Center
TBD

Monthly Dinner

Thursday, April 23 at 4:15pm in Cullen Hall
Italian bake, anti-pasta salad, garlic bread, cannoli, and Italian ice.

Music

- **Coke Otto:** Wed, 4/1 at 2:00pm in Activity Center
- **Tammy Powell:** Tues, 4/7 at 2:00pm in Activity Center
- **DeBray:** Wed, 4/8 at 2:00pm in Activity Center
- **Ellen Gould:** Fri, 4/10 at 2:00pm in Activity Center
- **Wood & Wire:** Mon, 4/13 at 2:00pm in Activity Center
- **Mike Willis:** Tues, 4/14 at 2:00pm in Activity Center
- **Classic Connection:** Sun, 4/19 at 1:15pm in Activity Center
- **J B Duo:** Mon, 4/20 at 2:00pm in Activity Center
- **Rob Lowe:** Tues, 4/21 at 2:00pm in Activity Center
- **Redina:** Wed, 4/22 at 2:00pm in Activity Center
- **Gospel Travelers:** Thurs, 4/23 at 3:00pm in Activity Center
- **Jan & Robin:** Fri, 4/24 at 2:00pm in Activity Center
- **Randy Brewer:** Mon, 4/27 at 2:00pm in Activity Center
- **Jim Brown:** Tues, 4/28 at 2:00pm in Activity Center
- **Ukealadies:** Thurs, 4/30 at 2:00pm in Activity Center

Spiritual Activities

- **Catholic Communion**
Every Wednesday at 10:30am in Activity Center
- **Worship with Pastor Gidget**
Thursday, 4/2 at 2:00pm in Activity Center
- **Church with Pastor Larry**
Sunday, 4/12 & 4/26 at 2:00pm in Activity Center
- **Worship with Pastor Lisa**
Thursday, 4/16 at 2:00pm in Activity Center
- **Worship with Pastor Finfrock**
Thursday, 4/23 at 2:00pm in Activity Center

Healthcare Activities

- **Bingo**
Every Day at 12:45pm in Fitton
- **Exercise**
Every Mon, Wed, Fri at 11:00am in Fitton
- **Word Play**
Every Monday at 3:00pm in Healthcare
- **Crafts with Jade**
Every Tuesday at 3:00pm in Art Studio
- **Happy Headlines**
Every Other Tuesday at 10:45am in Healthcare
- **Circle Time**
Every Other Tuesday at 10:45am in Healthcare
- **Game Time**
Every Wednesday at 3:15pm in Activity Center
- **Art 4 All**
Every Thursday at 2:00pm in Art Studio
- **Card Class With Diana**
Thursday, 4/9 at 3:15pm in Activity Center
- **Easter Gathering**
Friday, 4/3 at 2:00pm in Healthcare
- **Soup Day**
Tuesday, 4/7 at 11:30am in Activity Center
- **Cooking with Jade**
Friday, 4/10 at 3:15pm in Fitton
- **Resident Council**
Wednesday, 4/15 at 2:00pm in Library
- **Movie Day**
Friday, 4/17 at 2:00pm in Activity Center
- **Monthly Dinner**
Thursday, 4/23 at 4:15pm in Fitton
- **Baby Goats**
Friday, 4/24 at 1:00pm in Activity Center
- **Manicures**
Thursday, 4/30 at 3:00pm in Healthcare

Independent and Assisted Living

- **Exercise Class**
Every Day but Sunday at 11:00am in Activity Center
- **Shuffleboard**
Every Sunday at 1:30pm in Cullen Hall
- **Bingo**
Every Mon, Wed, Fri at 3:15pm in Jamestown Room
- **Volleyball**
Every Tuesday & Thursday at 1:00pm in Atrium
- **Hand Therapy**
Every Wednesday at 1:00pm in Nature Room
- **Art 4 All**
Every Thursday at 3:00pm in Art Studio
- **Bingo**
Every Saturday at 2:15pm in Jamestown Room
- **Wine, Soda & Cheese**
Sunday, 4/5 & 4/19 at 3:00pm in Jamestown Room



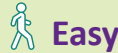


Questions: Nancy Fetters

513-867-4018 or nfeters@community-first.org

RSVP Online: <https://bit.ly/TripsTravel>

Trips & Travel Walking Guide



Easy



Medium



Hard

Tour 80 Acres Experience Center & Lunch at Ruth's Parkside Café (SOLD OUT)

Wednesday, April 15 RSVP by 4/6

Pick Up: WRC 8:45am • BSQ 9:00am

Cost: \$20

Tour the Experience Center of 80 Acres in Clifton. This is a two hour walking tour. We will enjoy lunch after the tour. Lunch is on your own.

Tour Aglamesis & Lunch at Camp Washington Chili

Wednesday, April 22 RSVP by 4/15

Pick Up: BSQ 9:45am

Cost: \$20

Walking tour of Aglamesis where they are known for fine ice cream & chocolates. Lunch on your own before tour. NO open toe shoes.

Tour Cincinnati Public Radio & Lunch at Buca di Beppo (SOLD OUT)

Wednesday, May 6 RSVP by 4/20

Pick Up: WRC 11:00am • BSQ 11:15am

Cost: \$80

Tour CPR's new home on Dana Ave. The building is the first mass timber broadcasting center in the US. The timber is from black spruce that's 80-90 years old. We may even see a live broadcast. We will enjoy a family style served lunch first and then the tour.

Concert: Vocal Impact Advanced - Symphonic Choir of Fairfield High School & Lunch at Meritage in Glendale

Thursday, May 7 RSVP by 5/4

Pick Up: WRC 10:45am • BSQ 11:00am

Cost: \$10

Enjoy these top singers who work on all facets of musicianship. This is a free concert at Christ Church Glendale and then lunch at Meritage. Lunch on your own.

Volunteer at Matthew 25

Thursday, May 21 RSVP by 5/15

Pick Up: BSQ 8:30am

Volunteer at Matthew 25 for two hours and enjoy lunch after with friends.

Findlay Market Tour & Treat with Barb Terry

Tuesday, May 12 RSVP by 5/5

Pick Up: WRC 9:30am • BSQ 9:45am

Cost: \$30

Join the tour to learn the history of Findlay Market and its importance in the revitalization of OTR in Cincinnati. Explore the many food vendors for lunch on your own, but save room for a treat at the end.

Cincinnati Reds vs NY Mets

Wednesday, June 17 RSVP by 5/18

Pick Up: BSQ 10:30am

Cost: \$85

Ride in the comfort of a charter bus to watch our Cincinnati Reds take on the NY Mets! Go Reds!!

Mystery Local Lunch

Friday, June 12 RSVP by 6/5

Pick Up: WRC 10:45am • BSQ 11:00am

Cost: \$8

Hop on the bus to a mystery location and enjoy lunch with your friends.



Growing Together This Spring at Westover & Berkeley Square

As spring arrives at Westover and Berkeley Square, our campuses come alive with renewed energy—gardens begin to bloom, neighbors gather a little more often, and there’s a shared sense of optimism in the air. As you get out and about this spring, take a moment to look around—you’ll see generosity woven throughout our campus in the outdoor spaces, recreational areas, benches, and blooming trees that make this community so special. This season reminds us that growth doesn’t happen by chance—it happens through care, connection, and generosity.

At Westover and Berkeley Square, that spirit is reflected every day in the vibrant lives of our residents and the strength of our community. From engaging programs and enriching experiences to the spaces that bring people together, everything we cultivate is rooted in a commitment to well-being and belonging.

But just like a garden, our community thrives when it’s nurtured. Your support helps make that possible.

Gifts made this spring will help us:

- Enhance programs that inspire connection, creativity, and lifelong learning
- Create welcoming spaces where residents can gather, celebrate, and thrive
- Support initiatives that strengthen our community today and into the future

Every contribution—no matter the size—plants a seed that grows into something meaningful for the residents who call Westover and Berkeley Square home.

**Thank you for helping
our community flourish.**



COACH HOUSE

Stay up to date on the latest at CoachHouseTavern.com or follow us on Facebook and Instagram

Chef’s Table – Resident Event

Wednesday, April 15 | 5:00pm | \$26 / Person

Pretzel with beer cheese, pork schnitzel served with sauerkraut and spätzle, German apple cake. Call to reserve by April 13.

Brunch with the Easter Bunny

Sunday, April 5 | 10:00am - 2:00pm

\$45 Adults | \$20 12 & Under

Enjoy buffet brunch with the Easter Bunny! Prime rib, rack of lamb, smoked salmon, shrimp, omelet station, eggs Benedict and more. Reservations requested.

Weekend Dinner Features

April 3-4	April 10-11 & 17-18	April 24-25
Honey Glazed Blackened Salmon \$28	New Menu Rollout	Prime Rib \$40

BERKELEY SQUARE



COMMUNITY FIRST SOLUTIONS

DiscoverBerkeleySquare.org

Resident Services: 513-856-8600

Julie Hartshorn, Receptionist
JHartshorn@Community-First.org

*After Hours, leave a message or call
513-277-1096. Will respond within 24 hours.*

- **Bill Niehaus, Berkeley Square Administrator**
513-926-1328 or WNiehaus@Community-First.org
- **Wendy Brown, Director of Nursing**
513-785-2016 or WBrown@Community-First.org
- **Katie Crank, Director of Development; Sales Director of Independent Living**
513-896-8080 or KCrank@Community-First.org
- **Michelle Bowling, Sales Director of Assisted Living**
513-785-2010 or MBowling@Community-First.org
- **Rica Heflin, Director of Resident Wellness and Lifestyle**
513-785-2020 or RHeflin@Community-First.org
- **GG Gedelian, Lifestyle Coordinator/Assisted & Healthcare**
513-785-2014 or GGedelian@Community-First.org
- **Misty Chesnut, Housekeeping Manager**
513-687-3385 or MChesnut@Community-First.org
- **Nancy Fetters, Trips & Travel**
513-867-4018 or NFetters@Community-First.org

Elements at the Square • 513-896-8087

Open: 6:30am–5:00pm, Monday–Friday

Class Schedule: Community-First.org/Wellness-Recreation

- **Ashley Crossley, Sr. Director of Lifestyle:** 513-258-3483 or ACrossley@Community-First.org



Maintenance Requests

Submit work order through LifeLoop Mobile App or LifeLoop.com

WESTOVER



COMMUNITY FIRST SOLUTIONS

DiscoverWestover.org

Resident Services: 513-844-8004

Judy Guidugli, Receptionist
JGuidugli@Community-First.org

*After Hours, leave a message.
Will respond within 24 hours.*

- **Kasi Lynch, Director of Nursing**
513-867-4001 or KLYnch@Community-First.org
- **Susan Pfaffinger, Sales Director of Independent & Assisted Living**
513-713-2915 or SPfaffinger@Community-First.org
- **Pat Moeggenberg, Lifestyle Coordinator**
513-867-4034 or PMoeggenberg@Community-First.org
- **Jade Coffey, Lifestyle Assistant**
513-867-4023 or KCoffey@Community-First.org
- **Susan Costantino, Lifestyle Assistant**
SCostantino@Community-First.org
- **Jetta Baker, Housekeeping Manager**
513-406-7416 or JBaker@Community-First.org
- **Nancy Fetters, Trips & Travel**
513-867-4018 or NFetters@Community-First.org

Elements at the Bever • 513-820-5047

Open: 6:30am–5:00pm, Monday–Friday

Class Schedule: Community-First.org/Wellness-Recreation

- **Ashley Crossley, Sr. Director of Lifestyle:** 513-258-3483 or ACrossley@Community-First.org



Maintenance Requests

Submit work order through LifeLoop Mobile App or LifeLoop.com

Welcome New Residents!

Don & Barb Morris
Berkeley Square
13 Wheelright Crescent

Daily Activities & Important Information on LifeLoop

Tune in on your TV
Berkeley Residents
Channel 2493

Westover Residents
Channel 2493

LifeLoop Mobile App
or LifeLoop.com

